



# APA Headings

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## Level

## Format

- | Level    | Format   |
|----------|--|
| <b>1</b> | Centered, Boldface, Uppercase and Lowercase Headings                                     |
| <b>2</b> | Flush left, Boldface, Uppercase and Lowercase Heading                                    |
| <b>3</b> | Indented, boldface, lowercase paragraph heading ending with a period.                    |
| <b>4</b> | <i>Indented, boldface, italicized, lowercase paragraph heading ending with a period.</i> |
| <b>5</b> | <i>Indented, italicized, lowercase paragraph heading ending with a period.</i>           |